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Re: Putting The 'Om' In 'Shalom,' Feb. 28.

Fundamentalist Christians who fear the Hindu origins of yoga should be aware that as a holistic practice, techniques such as yoga and transcendental meditation require the rhythmic utterance of Sanskrit terms to be effective. They need not fear, however: Hinduism and Judaism are non-prosletizing faiths which have no interest in converting Christians away from their beliefs.

This is in sharp contrast to Christian missionaries in India, who denigrate Hinduism in their stampede to mass conversion. As an example, Pat Robertson openly called Hinduism "demonic" and urged Indians to abandon the faith.

Ron Banerjee, Canadian Hindu Advocacy, Toronto